



**Food 4 Kidz**



Because hunger doesn't take the week-end off!

THE NEW SCHOOL YEAR IS ABOUT TO BEGIN

Which means it is time to stock up the Food 4 Kidz Pantry

We are looking for the following donations

\*Please note that all items need to be kid friendly, easy to open, and individual-size whenever possible. Many children may not have access to can openers, refrigeration or microwaves.

List of suggested items:

Spaghetti Kits	Jell-O Cups
Tuna Kits	Fruit Snacks
Fruit juice boxes, Capri Suns, Sunny Delight	Original Flavored Rice Krispy Treats
Milk boxes (does not require refrigeration)	Apple Sauce Cups
Cereal-individual boxes	Pudding Cups
Pop tarts	Trail Mix
Family size mashed potatoes (instant)	Pringles
Fruit Cups	Individual packages of chips, cookies etc...
Beenie-Weenies (pull top cans only)	Nutri-Grain/Granola Bars
Crackers	Milk & Cereal Bars
Cheese & Breadsticks/Crackers	
Raisins or dried fruit	3x's a year toothpaste & toothbrushes
Peanut butter & Jelly (plastic jars)	Soap
Individual Mac & Cheese/Hamburger Helper	School Supplies

Thank you so much for your care and concern! H.A.V.E.N. Family Resource Center (928) 505-3153